

BEWARE OF SURFEITING

December 28, 2008

Luke 21:34-36 *And take heed to yourselves, lest at any time your hearts [minds] be overcharged [burdened, distracted, or occupied, weighed down, overpowered] with **SURFEITING**, and drunkenness, and cares of this life, and so that day come upon you unawares. 35 For as a snare [trap] shall it come on all them that dwell on the face of the whole earth. 36 Watch ye therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man.*

BEWARE DISCIPLES

Luke 20:45 Then in the audience of all the people he [Jesus] said unto **his disciples**,

SUR'FEIT (Webster?s 1828)

To feed with meat or drink, so as to oppress the stomach and derange the functions of the system; to **overfeed** and produce sickness or uneasiness. **Fullness** and **oppression** of the system, occasioned by **excessive eating and drinking**.

Luke 21:34 But give attention to yourselves, for fear that your hearts become over-full of the **pleasures of food and wine**, and the cares of this life, and that day may come on you suddenly, and take you as in a net: (*BBE*)

Luke 21:34 Don?t spend all of your time thinking about **eating or drinking** or worrying about life. If you do, the final day will suddenly catch you (*CEV*)

THE DAYS OF NOAH

Matthew 24:37-44 But as the days of Noe were, so shall also the coming of the Son of man be.38 For as in the days that were before the flood **they were eating and drinking**, marrying and giving in marriage, until the day that Noe entered into the ark,39 And **knew not until the flood came**, and took them all away; **so shall also the coming of the Son of man be**.

THE DAYS OF LOT

Luke 17:28-29 Likewise also as it was in the days of Lot; **they did eat, they drank**, they bought, they sold, they planted, they builded; 29 But the same **day** that Lot went out of **Sodom** it rained fire and brimstone from heaven, and **destroyed them all**. 30 Even thus shall it be in **the day when the Son of man is revealed**.

THE INIQUITY OF SODOM

Ezekiel 16:49-50 Behold, this was **the iniquity of thy sister Sodom**, pride, **fulness of bread**, and abundance of idleness was in her and in her daughters, neither did she strengthen the hand of the poor and needy [did not care for others]. 50 And they were haughty, and committed abomination before me: therefore I took them away as I saw good.

It will keep us from being ready

Luke 12:45-46 But and if that servant say in his heart, My lord delayeth his coming; and shall begin to beat the menservants and maidens, and **to eat and drink**, and to be **drunken**

; 46 The lord of that servant will come in a day when he looketh not for him, and at an hour **when he is not aware**, and will cut him in sunder, and will **appoint him his portion** with the unbelievers.

Poverty and Drowsiness

Proverbs 23:19-21 Hear thou, my son, and be wise, and guide thine heart in the way. 20 Be not among winebibbers; among **riotous eaters of flesh**: 21 For the drunkard and the **glutton** shall come to **poverty**: and **drowsiness** shall clothe a man with rags.

OVERCHARGED MIND

Genesis 25:30-34 And Esau said to Jacob, **Feed me**, I pray thee, with that same red *pottage*; for **I am faint**: therefore was his name called Edom. 31 And Jacob said, sell me this day thy birthright. **32** And Esau said, Behold, I *am* at the **point to die**: and what **profit shall this birthright do to me?** 33 And Jacob said, Swear to me this day; and he sware

unto him: and he sold his birthright unto Jacob. 34 Then Jacob gave Esau bread and pottage of lentiles; and **he did eat and drink**, and rose up, and went his way: thus Esau **despised his birthright**.

FILLED HEARTS WITH FOOD

Acts 14:17 Nevertheless he [God] left not himself without witness, in that **he did good**, and gave us rain from heaven, and fruitful seasons, **filling our hearts with food and gladness**.

ISRAEL LUSTED FOR MEAT

Psalms 78:18 And they tempted God in their heart by **asking meat for their lust** [Nephesh -Soul].

FLESH v/s SPIRIT

Galatians 5:16-17 This I say then, Walk in the Spirit, and ye shall not fulfill the lust of the flesh. 17 For the **flesh lusteth against the Spirit**, and the Spirit against the flesh: and these are **contrary** the one to the other: so that ye **cannot do the things that ye would**.

LOVERS OF PLEASURES

2 Timothy 3:1-3 This know also, that **in the last days** perilous times shall come. 2 For men shall be **lovers of their own selves**, ..., 3. **incontinent** [without self control] 4 ? **lovers of pleasures more than lovers of God; consider diligently**

Proverbs 23:1-3 When thou sittest to eat with a ruler, **consider diligently** what is before thee: 2 And put a knife to thy throat, if thou be a man given to appetite. 3 Be not desirous of his dainties: for they are **deceitful meat**.

YOUR CHILDREN CAN BE GLUTTONS

Proverbs 28:7 Whoso keepeth the law is a **wise son**; But he that is a **companion of gluttons shameth his father**.

1. FOR HEALTH

Acts 27:33 And while the day was coming on, Paul besought them all to TAKE MEAT, saying, This day is the fourteenth day that ye have tarried and continued fasting, having taken nothing. 34 Wherefore I pray you to take some meat: for **THIS IS FOR YOUR HEALTH**: for there shall not an hair fall from the head of any of you.

2. DO NOT ALLOW YOUR BODY TO DOMINATE

1 Corinthians 6:12 All things are lawful unto me, but all things are not expedient: all things are lawful for me, but **I WILL NOT BE BROUGHT UNDER THE POWER OF ANY**. 19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? 20 For ye are bought with a price: therefore glorify God **IN YOUR BODY**, and in your spirit, which are God's.

3. FOR STRENGTH

Psalms 104:15 And wine that maketh glad the heart of man, and oil to make his face to shine, and bread which **strengtheneth man's heart**.

4. EAT IN DUE SEASON

Ecclesiastes 10:17 Blessed art thou, O land, when thy king is the son of nobles, and thy princes **eat in due season, for strength**, and not for drunkenness!

5. CONTENTMENT

Proverbs 13:25 The **righteous eateth to the satisfying of his soul**: but the belly of the wicked shall want.

6. LEARN TO SAY ?ENOUGH? and ?NO?

Proverbs 25:16 Hast thou found honey? **eat so much as is sufficient** for thee, lest thou be **filled** therewith, and **vomit** it.

1 Peter 2:11 Dearly beloved, I beseech you as strangers and pilgrims, **abstain from fleshly lusts**, which war against the soul;

7. BE NOT A LUXURIOUS

Proverbs 23:19-20 Hear thou, my son, and be wise, and guide thine heart in the way. 20 Be not among winebibbers; among **riotous eaters of flesh**:

8. EATING HAS A DISCIPLINE ? NOT BEING UNDER ITS POWER

Proverbs 23:1-2 When thou sittest to eat with a ruler, consider diligently what is before thee: 2 **And put a knife to thy throat**, if thou be a **man given to appetite**.

Exodus 16:16 This is the thing which the LORD hath commanded, **Gather of it every man according to his eating**, an omer for every man, according to the number of your persons; ...

9. MAKE NO PROVISION FOR THE FLESH

Romans 13:13-14 Let us walk honestly, as in the day; **not in rioting and drunkenness**, not in chambering and wantonness, not in strife and envying. 14 But put ye on the Lord Jesus Christ, and **make not provision for the flesh, to fulfil the lusts thereof**.

10. THANKSGIVING

1 Timothy 4:3-5 Forbidding to marry, and commanding to abstain from meats, which God hath created to be **received with thanksgiving** of them which believe and know the truth. 4 For every creature of God is good, and nothing to be refused, if it be received with thanksgiving: 5 For it is sanctified by the word of God and prayer.

11. SOBERNESS

1 Corinthians 15:31,32 I protest by your rejoicing which I have in Christ Jesus our Lord, **I die daily**. 32 If after the manner of men I have fought with beasts at Ephesus, what advantageth it me, if the **dead rise not**? let us **eat and drink; for to morrow we die**.

LIFE IS MORE THAN MEAT

Matthew 6:25 Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. **Is not the life more than meat**, and the body than raiment?

John 4:34 Jesus saith unto them, **My meat is to do the will of him** that sent me, and to finish his work.

John 6:27 **LABOUR** not for the **meat which perisheth**, but for that **meat which endureth** unto [leading to] everlasting **age lasting life**. [Honor, Glory and Incorruption Rom 2:7]

DELIGHT IN THE LAW

Psalms 119:70 Their heart is as **fat as grease**; but **I delight in thy law**.

CRAVE FOR RIGHTEOUSNESS

Matthew 5:6 Blessed are they which do hunger and thirst **after righteousness**: for they shall be filled.

ESTEEM THE WORDS OF HIS MOUTH

Job 23:12 Neither have I gone back from the commandment of his lips; I have **esteemed the words** of his mouth **more than my necessary food**.

WE ARE IN A RACE

1 Corinthians 9:24-25 Know ye not that they which **run in a race** run all, but **one receiveth the prize**? [the one who is disciplined] So run, that ye may obtain. 25 And every man that striveth for the mastery is **temperate in all things**. Now they do it to obtain a corruptible crown; but we an incorruptible.

LAY ASIDE EVERY WEIGHT

Hebrews 12:1 Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us **lay aside every weight**, and the sin which doth so easily beset us, and **let us run with patience the race** that is set before us,

LET YOUR MODERATION BE CONSTANTLY VISIBLE TO OTHERS

Philippians 4:5 Let your **moderation be known unto all men**. The Lord is at hand. [Christ is coming to Judge]